

You have the opportunity to strengthen your relationship with ICS by joining our Health Home, the first of its kind for people with physical disabilities in New York State. Services are covered through Medicaid, so there is no cost to enroll.

The ICS Health Home is not a place to live. It is a program with professionals who are **experts in disability**, working to keep you as healthy as possible – **in your home**. It does not take the place of a managed long-term care plan (MLTC) but offers services beyond what most MLTCs offer. By joining the ICS Health Home, you will continue getting the disability-competent service you have come to expect from ICS. In addition, you'll have access to staff focused on advocating on your behalf in the areas of healthcare, benefits, and more.

Joining the ICS Health Home is easy. To start, simply complete the enclosed 3-page New York State Department of Health **Information Sharing Consent form**, sign it, and mail it back in the prepaid envelope enclosed. Instructions have been included to walk you through filling out the form. **Please read them carefully.** Also note that you can complete the consent form online—in about 2-3 minutes. You just need a smart phone or an email address.

If you would like to complete the form online, need assistance completing the physical form, or have any questions about the ICS Health Home, call the ICS onboarding specialist you spoke to on the phone. Or you can call ICS at **1.646.653.6230**. More information about ICS is on our website, www.icsny.org.

We look forward to hearing from you!



Regina Martinez-Estela, President and CEO