Have a disability? ICS Can Help.

Since 2000, Independence Care System (ICS) has helped New Yorkers with disabilities stay healthy and independent. In 2019, the New York State Department of Health designated ICS as the State’s first and only health home program for adults with physical disabilities, serving those with spinal cord injuries, multiple sclerosis, muscular dystrophy, amputees, spina bifida, cerebral palsy and more. At that time, we entered into a partnership to provide services to VNSNY members with physical disabilities. Now we work together to support the health and wellness of our mutual members.

The ICS Health Home is not a place. It is a program made up of professionals who are experts in disability and who work together to help you get what you need to be as healthy as possible – in your home.

The ICS Health Home program does not replace your VNSNY services but rather provides additional services. Also, the program is funded by Medicaid, so there is no cost and you can keep all of your doctors and aides.

At ICS, we know there’s no one-size-fits-all. What we do depends on your needs, and how they change over time. For example, we can:

• Help you apply for and keep benefits such as food or housing subsidies
• Connect you with educational, social and creative activities that accommodate your disability
• Make sure your wheelchair is working properly
• Help you get evaluated for the right wheelchair or other medical equipment
• Help you avoid pressure sores or dangerous infections
• Schedule medical appointments or accompany you to the doctor, as needed
• Make sure your doctors communicate with each other
• Find you accessible medical providers who understand your disability
• Help you stay out of the hospital or return home safely if hospitalized
• Help you set personal goals and make a step-by-step plan to reach them
• Connect you to helpful resources in your community, including New York City’s Independent Living Centers, which ICS has close relationships with
• Provide you with enhanced coordination with New York City’s Multiple Sclerosis centers
• Help you enroll in programs that further your health and enjoyment of life
Want to Join or Learn More?

Call ICS at 1.646.653.6230 or go to www.icsny.org.
As a member, you will have an ICS care navigator who understands your needs and your condition.

Fully accessible Member Centers

- 400 East Fordham Road, 10th Floor
  Bronx, NY 10458

- 25 Elm Place, 5th Floor,
  Brooklyn, NY 11201