

The most flexible home care around.



Consumer Directed Personal Assistance Services

Independence, Your Way

Independence
care system

Do You Need:

Help before you go to work and when you get home, but not in between?

Assistance with a catheter, respirator or complicated medication schedule?

An aide who knows your religious dietary practices and cultural customs?

Your daughter who cares for you to be paid for her work?

If you answered yes to any of those questions, then the ICS Consumer Directed Personal Assistance Service (CDPAS) is for you.

What is CDPAS?

For many ICS members, CDPAS is the key to independent living. With CDPAS, you decide *what kind* of help you need and *when* you need it. You decide who to hire – caregivers you trust and feel comfortable with. This can include a friend or family member (other than your parent or spouse). It can include a son or daughter, an aunt or a cousin, as long as they don't live in your home with you. In addition to helping you with activities of daily living, your personal assistants are free to perform medically related tasks like catheterization, managing a ventilator and giving medications—tasks that you train them yourself to perform.

While CDPAS is flexible and customized to your individual needs, it comes with responsibilities. With CDPAS you—or someone you designate—hires, trains, schedules, supervises and, if need be,

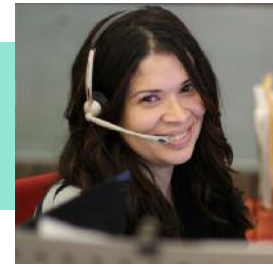


dismisses your personal assistants. You verify their hours worked; their payroll is handled by an agency called a Fiscal Intermediary. You also must have a backup plan in place in case of an emergency—that is, you must have enough workers registered to cover all of your authorized hours of care at all times.

Why ICS CDPAS?

ICS has a longer history of offering Consumer Directed Personal Assistance Services than any other Medicaid managed long-term care plan (MLTC) in New York State.

We are proud that over the years ICS members and their personal assistants have had the option to participate in this very forward-looking and customized model of personal care.



ICS staff is here to help you to learn all about CDPAS and manage those responsibilities.

Is Consumer Directed Care Right for You?

Because of the responsibilities involved, CDPAS is not for everyone. But for many consumers, it is exactly the right fit. Being free from homecare agency rules means that our members enrolled in CDPAS have increased choices to live the life they want to live, the way they want to live it, independently and safely, at home.



Interested in CDPAS?

Call 1.877.ICS.2525 to learn more.

1.877.ICS.2525 • www.icsny.org
TTY: 1.855.ICS.4TTY

Independence Care System is dedicated to supporting senior adults and adults with physical disabilities and chronic conditions to live at home and participate fully in community life. A community-based, nonprofit agency, ICS operates a Medicaid managed long-term care plan serving residents of Manhattan, Brooklyn, Queens and the Bronx.

Administrative Office:

Independence Care System
257 Park Ave. South, 2nd Floor
New York, NY 10010

Member Centers:

400 East Fordham Road, 10th floor
Bronx, New York 10458

25 Elm Place, 5th Floor
Brooklyn, NY 11201

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