



# Your independence comes first.

As a person with a disability, you need the **right** services to live at home and have an active, independent life.

We understand.

**Independence**  
care system

With Independence Care System,  
you don't have to go it alone.

It was a car crash,  
or a gunshot.

Maybe you grew up  
with your disability.

Or your illness  
came on slowly, but  
has changed your life.

Whatever happened that  
makes living a full, active life  
more difficult, we understand.



We know how  
important your  
independence is to you.

We know what a  
challenge maintaining  
independence can be.

And we know the kind  
of support you need.

Our goal is the same as yours—to make  
sure you have the services you need to live  
at home safely and in good health.

As an ICS member, you will still be able to keep your doctor, use your same pharmacy and go to the same hospital.

## Our Disability Care Coordination Model

Adults with physical disabilities welcome here.

That's a simple message. But for years, for people with disabilities, finding such a place in the NYC health care system that said that—and meant it—was nearly impossible.

Independence Care System, with the disability rights activists who serve on our staff and board, created that place.

At ICS, you get a Care Management Team and a complete Care System, which features our specialized services for people with disabilities, including:

A community-based wheelchair evaluation, maintenance and repair program, unmatched in NYC.

Flexible home care hours.

The opportunity to hire and manage your own personal care assistants.

A nurse on call, 24 hours a day, 7 days a week.

Communication with your doctors to be sure they're talking to each other AND talking to you.

Wound care specialists who intervene early and help to prevent wounds.

Classes, workshops and special events—a community you belong to.

## As a Managed Long-Term Care Plan, ICS also coordinates and pays for:

Adult Day Health Care  
Care Coordination  
Dental Care  
Durable Medical Equipment (e.g., wheelchairs, prosthetics)  
Eye Exams, Glasses and Other Vision Services  
Hearing Exams, Hearing Aids and Hearing Aid Batteries  
Home Care (e.g., home health aides, home attendants, personal assistants)  
Home Delivery of Meals and Meals in Group Settings (e.g., senior centers)  
Home Safety Modifications/Accessibility Improvements  
Housekeeping/Chore Services  
Medical and Surgical Supplies  
Nurse on Call (24/7)  
Nursing Home Care  
Nutrition Services (including supplements)  
Personal Emergency Response System (PERS)  
Physical, Occupational & Speech Therapies (at home or in the community)  
Podiatry, Orthotics and Orthopedic Footwear  
Respiratory Therapy  
Skilled Services (including Nursing and Medication Management)  
Social Day Care  
Transportation

## You can become an ICS member if you:

- Have a physical disability or chronic illness that will last longer than 120 days and require a nursing home level of care.
- Receive or are eligible for Medicaid.
- Are 18 years or older.
- Live in Manhattan, Brooklyn, Queens or the Bronx.
- Are able to stay safely at home.

## Medicaid and Your Resources

You may worry about how your finances will affect your eligibility for Medicaid. This can be especially so if you have a home or other assets. You have choices. In New York, some people with disabilities or chronic conditions who have assets and/or income above the usual Medicaid limit are eligible for Medicaid, without spending down assets or income. An ICS Medicaid Eligibility Specialist is here to help.

## The ICS Care System is:

### Responsive:

— What's important to you and your family is important to us.

### Coordinated:

— We work with you to get the health care and social services you need.

### Expert:

— A highly skilled, dedicated, diverse staff, advocating for you and with you to be as independent as you can be.

### Empowering:

— Giving you the knowledge and skills you need to make informed decisions.

### Respectful:

— A culture of listening and understanding, where you feel you belong.

### Flexible:

— When your life changes, so do our services.



Joining Independence Care System is easy: Call 1.877.ICS.2525, write [intakereferrals@icsny.org](mailto:intakereferrals@icsny.org) or visit us at [www.icsny.org](http://www.icsny.org).

Independence Care System is dedicated to supporting adults with physical disabilities and chronic conditions to live at home and participate fully in community life. ICS operates a nonprofit Medicaid managed long-term care plan serving Manhattan, Brooklyn, Queens and the Bronx.

Administrative Office:

Independence Care System  
257 Park Ave. South, 2nd Floor  
New York, NY 10010

Member Centers:

400 East Fordham Road, 10th floor  
Bronx, New York 10458  
(opening Summer 2012)

25 Elm Place, 5th Floor  
Brooklyn, NY 11201

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